

19th April 2011



Café opening times; Mon-Sat 8-4.30pm

Shop; Monday and Saturday 9-5 &

Tuesday to Friday 9-6pm

We are also open on the first Sunday of each month.

Order your fish for Good Friday by Wednesday midday.

here are our suggestions;

Best buys this week;

Brill

Turbot

Live langoustine

Red mullet

Lemon sole

Brixham Crab

Grey mullet

Very full mussels

Orders also being taken for the bank holiday weekend at the end of the month.

Jersey Royals

Asparagus

Morels

Broad beans

Spinach and Chard

Easter orders in by Wednesday midday please.

Best buys meat wise this week;

Salt marsh lamb

Sweetbreads

Cobb chicken

Aylesbury duck

Organic chicken

Gloucester old spot

Beef short ribs

Come and try our new café menu from this Wednesday. We also have our fish bar up and running.

Our very own **hot cross buns** are on sale at 35p... too good to miss. Please order by Wednesday for collection on Thursday.

Cheese of the month ;

Wild garlic Yarg; Produced in Cornwall by the Gray family this cheese makes the best of the new season wild garlic.

GOOD FOOD STARTS HERE

**SOURCE. 1-3 EXCHANGE AVE, ST NICHOLAS MARKET,
BRISTOL, BS1 1JW**

INFO@SOURCE-FOOD.CO.UK 0117 9272998